

Bernese Hip Symposium

February 1–3, 2018, Bern, Switzerland

Host

K. A. Siebenrock and distinguished international faculty
www.hip-symposium-bern.ch



Copyright Bern Tourismus

Pre-Course for Residents (in German)

Wednesday, January 31, 2018

Organisation: M.Tannast, University of Bern, Inselspital

Invitation

The 2018 Bern Hip Symposium will have two focuses. First, hip joint preservation, and second, total hip arthroplasty (THA) in adolescents and young adults. Again, it will represent a meeting of worldwide experts on both fields.

The part of hip joint preservation will include important topics like hip joint instability, new insights in pathophysiology, advanced imaging techniques, outcome and revisions in previously failed surgery. A new topic will be avascular necrosis of the femoral head – more options than only THA? This topic also will be highlighted by the presence of our guest of honor Prof. Moritoshi Itoman from Japan, who is an outstanding leader and expert in more eastern types of osteotomies around the hip.

The second part of THA in young adult covers a rather large space at the symposium. For the first time we will have two live surgeries. One surgery will aim at hip joint preservation; the other surgery is planned as a live transmission of a THA in a young patient performed at the renowned Rothman Institute (Philadelphia, USA). The participants will be in touch with distinguished worldwide leaders during the live surgeries, case discussions and demonstrations of anatomical specimen.



The day before the symposium, a pre-course for German-speaking residents is offered covering the very basic knowledge of joint preserving hip surgery.

Hoping to meeting you soon in Bern

K. A. Siebenrock, MD

Members of the Faculty

Bernese Hip Symposium

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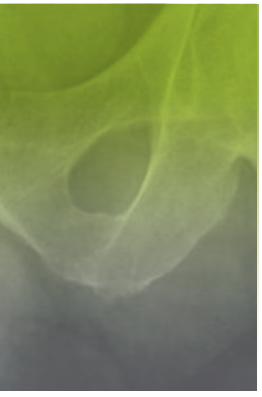
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Programm

Vorkurs für Assistenzärzte in Weiterbildung

Mittwoch, 31. Januar, 2018

Session I ABKLÄRUNG

09:00h – 10:40h

		Vorsitz
10'	Hello people – Begrüssung	K. Siebenrock
15'	Bloody Hell – Wie funktioniert die Durchblutung der Hüfte?	M. Tannast
10'	How are you doing – Was muss ich in der Anamnese fragen?	L. Büchler
20'	Keep in touch – Klinische Untersuchung mit Demonstration an Patienten	S. Steppacher
20'	Black or white – Systematische Beurteilung des konventionellen Röntgenbildes	M. Hanke
20'	Miss the forest for the trees – MRI und intraoperative Korrelation	F. Schmaranzer

10:40h Kaffeepause



Session II ANATOMIE

10:55h – 11:40h

45'	Come in and find out – Anatomie zum Anfassen	L. Büchler
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11:40h Mittagspause

Session III BEHANDLUNG

12:25h – 13:45h

		Vorsitz
15'	How it works: Pathomechanismen der Hüfte	M. Tannast
15'	What to do: Cam-Impingement	S. Steppacher
15'	What to do: Pincer-Impingement	K. Siebenrock
15'	What to do: Torsion	T. Lerch
15'	Back to life: Ergebnisse der Gelenkserhaltung	P. Haefeli

13:45h Kaffeepause

Session IV FALLPRÄSENTATIONEN

14:00h – 15:00h

		Vorsitz
60'	The classics: Fallpräsentationen anhand eines strukturierten Behandlungsalgorithmus	alle
05'	See you – Schlusswort	M. Tannast

Scientific Program Hip Symposium

Thursday, February 1st, 2018

08:50	Opening Remarks	K. Siebenrock
Session I	HIP INSTABILITY	Chairman
09:00h – 10:35h		K. Siebenrock
15'	Hip instability – are we talking about the same thing?	M. Tannast
12'	The FEAR-Index for assessing hip instability	M. Beck
12'	A new test for hip instability: The Prone apprehension relocation test	E. Sink
12'	What is the role of hip arthroscopy in hip instability	C. Larson
12'	How relevant is general hyperlaxity in joint-preserving hip surgery	R. Santore
12'	Hip instability by ultrasounds	Y. Kim
10:35h	Coffee Break	
Session II	IMAGING	Chairman
11:05h – 12:25h		J. Clohisy
10'	Advanced Medical Image Computing for Quantifying Hip Deformities	G. Zheng
10'	Pattern of hip joint cartilage alteration using T2* mapping in elite rowers	C. Zilkens
10'	3D characterization of acetabular deficiency in DDH using a new mapping method	V. Upasani
10'	Computed motion analysis in FAI: Validation of an MR-based tool	K. Günther
10'	Position of the greater trochanter and functional antetorsion – value for the treatment of femoral torsion disorders	M. Beck
10'	Normative hip range of motion in females correlated with radiographic parameters	I. Zaltz
12:25h	Lunch Break and Anatomy Demonstration (Cadaver)	

Session III POSTURE
13:25h – 14:45h

		Chairman
10'	Pelvic incidence in acetabular retroversion	S. Steppacher
10'	Spine-hip relations and the impact of femoral cam on hip and pelvis kinematics	J. Cobb
10'	Prospective EOS study on the changes in the sagittal plane after PAO surgery	E. Sink
10'	Change of pelvic tilt after bilateral PAO	I. Zaltz
10'	In- and out-toeing: a reliable diagnostic sign for femoral malversion?	M. Tannast
10'	Pelvic positioning is more reliable in the supine position, leading to more consistent cup orientation	P. Beaulé

14:45h Coffee Break and Anatomy Demonstration (Cadaver)
Session IV PANEL CASE DISCUSSION
15:15h – 16:15h

Participants: P. Beaulé, M. Beck, J. Clohisy, C. Larson, K. Siebenrock, I. Zaltz

16:15h Coffee Break
Session V RESULTS FAI TREATMENT
16:45h – 18:05h

		Chairman
10'	A large randomized-controlled study on hip arthroscopy in FAI	D. Griffin
10'	A prospective cohort study on arthroscopically-assisted treatment of FAI	K. Günther
10'	Surgical Treatment for FAI in North America: An update from the Anchor Group	A. Bedi
10'	Results of hip arthroscopy for FAI in skeletally immature athletes	C. Larson
10'	Fate of contralateral hip in patients treated surgically for symptomatic Cam FAI	P. Beaulé
10'	Long-term results of isolated offset correction	K. Siebenrock


19:00h Social dinner for all participants & faculty

Friday, February 2nd, 2018

Session VI LIVE SURGERY BERN K. Siebenrock

08:00h – 11:00h

Moderators

M. Tannast

H. Nötzli

11:00h Coffee Break

Session VII AVASCULAR NECROSIS OF FEMORAL HEAD Chairman

11:30h – 12:50h

I. Zaltz

10'	Where does AVN come from?	M. Lee
10'	Traction-MRI in AVN	M. Tannast
10'	Treatment options: literature review	S. Steppacher
10'	Bone marrow injection for treatment of AVN	Y. Kim
10'	Posterior rotational osteotomy for AVN of the femoral head	T. Atsumi
10'	First results of open treatment of AVN with a surgical hip dislocation	K. Siebenrock

12:50h Lunch Break and Anatomy Demonstration (Cadaver)

Session VIII LIVE SURGERY PHILADELPHIA W. Hozack

13:50h – 16:20h

Moderators

J. Parvizi

H. Malchau

16:20h Coffee Break and Anatomy Demonstration



Session IX GUEST OF HONOR LECTURE

16:50h – 17:20h

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|-----|---|-----------|
| 20' | Valgus femoral osteotomy combined
with/without Chiari pelvic osteotomy | M. Itoman |
|-----|---|-----------|

Session X REVISION

17:20h – 18:40h

Chairman

D. Griffin

- | | | |
|-----|---|---------------|
| 10' | Are PAO outcomes compromised by previous failed hip arthroscopy? | J. Clohisy |
| 10' | Does pathological femoral version negatively affect the outcome after PAO? | E. Sink |
| 10' | Re-operations and complications following PAO:
Lessons learnt over 25 years | D. Howie |
| 10' | Effect of prior psoas tenotomy on revision FAI correction | C. Larson |
| 10' | THA in patients with previous surgeries for hip preservation | A. Tokgözoglu |
| 10' | THA Patients Treated Under Age 30 Years –
A Controlled Study With or Without Previous Hip Preservation Surgery | D. Wenger |



Saturday, February 3rd, 2018

Session XI THA IN THE YOUNG PATIENT – PART I		Chairman
08:00h – 09:20h		K. Siebenrock
10'	Hip preservation: when is it too late?	A. Tokgözoglu
10'	THA after previous osteotomies	L. Zagra
10'	THA in patients younger than 30 years based on the Swedish register data	H. Malchau
10'	Highly crosslinked polyethylene in the young patient: 10–15 year outcomes	J. Clohisy
10'	Are the minimal-invasive anterior or anterolateral approach superior to the conventional direct lateral approach in THR? – A randomized study	K. Günther
10'	What is the most appropriate approach for THA in the young patients?	J. Parvizi
09:20h Coffee Break		
Session XII PANEL CASE DISCUSSION		Chairman
09:50h – 10:50h		K. Günther
Participants: H. Malchau, J. Parvizi, L. Zagra, J. Cobb, A. Tokgözoglu, R. Krauspe, H. Nötzli		
10:50h Coffee Break		
Session XIII THA IN THE YOUNG PATIENT – PART II		Chairman
11:20h – 12:40h		P. Beaulé
10'	THA in young patients under 30 years	R. Krauspe
10'	Ceramic-on-ceramic hip resurfacing in young patients	J. Cobb
10'	Stable movement: A novel system for individual cup orientation	C. Zilkens
10'	The short stem in DDH patients	H. Nötzli
10'	Shortening osteotomies in THA for high dislocations	L. Zagra
10'	Surgical site infection: what do the guidelines say?	J. Parvizi
12.40h Closing Remarks		K. Siebenrock

Information

Credits

Certified by Swiss Orthopaedics «Schweizerische Gesellschaft für Orthopädie und Traumatologie» with 16 credit points.

Registration

Registration will be confirmed after payment receipt only

Register **ONLINE:** www.hip-symposium-bern.ch

For congress and social evening:

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Gebühren Vorkurs für Assistenzärzte in Weiterbildung

Vorkurs 31. Januar 2018
CHF 100.– / 2 für 1*

Vorkurs und Bernese Hip Symposium 31. Januar bis 3. Februar 2018
CHF 350.– / 2 für 1*

* zwei Assistenzärzte derselben Klinik zahlen bei gleichzeitiger Anmeldung nur 1x



Fee Bernese Hip Symposium

February 1–3, 2018: whole congress
CHF 480.– / assistant surgeons CHF 350.–

February 1 or 2, 2018: Thursday or Friday
CHF 200.– per day / assistant surgeons CHF 160.– per day

February 3, 2018: Saturday (half day)
CHF 100.– / assistant surgeons CHF 80.–

February 1, 2018: Thursday, Social Dinner
CHF 80.– per person
Restaurant Kornhauskeller, Kornhausplatz 18, Bern, Switzerland,
Phone +41 (0)31 327 72 70

More information: www.hip-symposium-bern.ch

Information

Housing

BERN INCOMING GmbH

Amthausgasse 4, 3011 Bern, Switzerland

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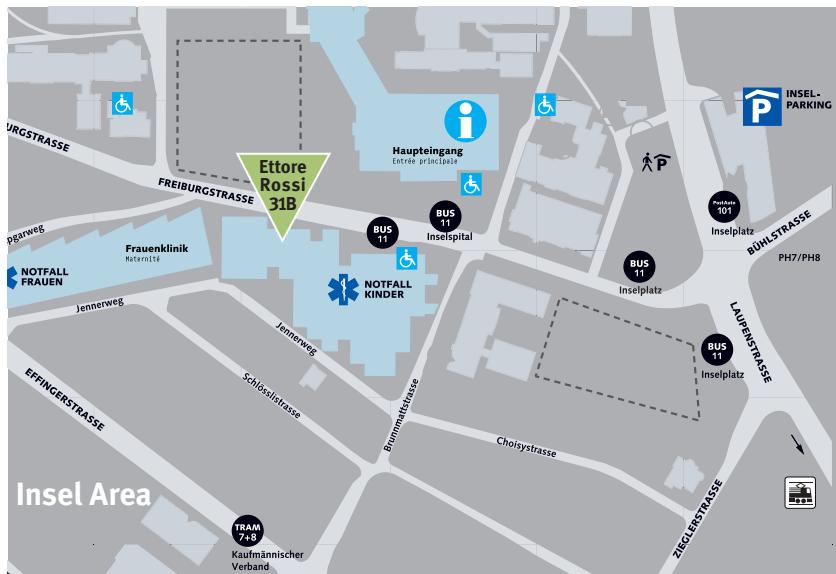
Venue

Inselspital Bern, Entrance Children Hospital «Kinderspital» 31B
Auditorium «Ettore Rossi», 3010 Bern (www.insel.ch)

Journey

- direct train connection from Airport Zurich and Geneva to Bern
- 20 minutes from Airport Bern-Belpmoos (shuttlebus and taxi)
- 5 minutes by bus from main train station (bus no 11 direction «Holligen», bus stop «Inselspital»)
- 2 minutes highway exit A1 Zurich–Basel–Geneva

Insel-Parking 800 meters from freeway exit «Bern-Forsthaus/Inselspital». No longterm parking on the hospital grounds. For further information please contact the information desk of the hospital (main entrance).



More information about Bern? Please visit www.bern.com



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Wednesday, January 31, 2018

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Bern, Switzerland

e-mail: ortho@insel.ch, www.hip-symposium-bern.ch

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