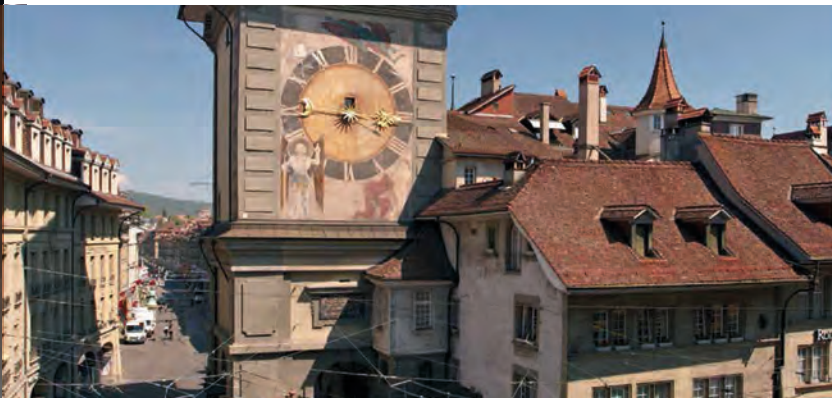


Program

Bernese Hip Symposium

February 4 – 6, 2016



Copyright Bern Tourismus

Host

K. A. Siebenrock

and distinguished international faculty

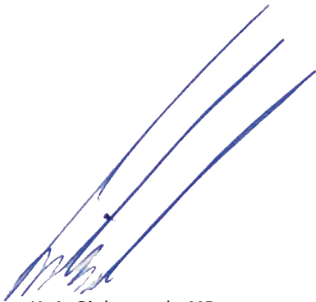
Invitation

The Bernese Hip Symposium focuses on hip joint preservation in adolescents and young adults. It represents a forum for a meeting of worldwide experts in hip joint preservation surgery.

The upcoming symposium covers an ample field of hip joint pathomorphologies and provides important information about pathophysiology, diagnostic principles and imaging techniques including advanced imaging techniques. The symposium also covers new aspects of impingement and will largely discuss benefits and risks of hip arthroscopy and the need for open surgery. Recent research as well as future directions will be provided and discussed largely. Live surgery, case discussions and anatomical demonstrations complement the sessions and provide an open platform for discussion.

The symposium will be highlighted by the presence of our guest of honor, Prof. Stuart Weinstein from Iowa, USA. He is one of the most experienced and outstanding leader on the field of hip joint pathologies and will share his tremendous experience of DDH with us.

The participants will benefit from the expertise, latest research and trends from distinguished worldwide leaders in the field of hip joint preservation.

A handwritten signature in blue ink, appearing to read 'K. A. Siebenrock', written over three parallel blue diagonal lines.

K. A. Siebenrock, MD



Organizing Committee

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E-Mail ortho@insel.ch

Tannast Moritz, MD, University of Bern, Inselspital

Guest of honor

WEINSTEIN Stuart, MD, University of Iowa Hospitals & Clinics, Iowa



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University of Ottawa, CA

BECK Martin, MD

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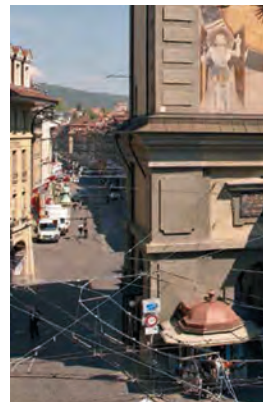
University of Bern, ISTB, CH

ZIEBARTH Kai, MD

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ZILKENS Christoph, MD

Universitätsklinikum Düsseldorf, DE



Scientific Program

Thursday, February 4, 2016

08:50 Opening Remarks K. Siebenrock

Session I BASIC RESEARCH Chairman
09:00h – 10:30h P. Beaulé

12'	3D analysis of the hip abductor mechanism	T. Hogervorst
12'	Statistical shape modeling of the dysplastic hip	G. Zheng
12'	Pelvic incidence plays a role in pelvic mobility and acetabular version	A. Bedi
12'	Natural cartilage and synovial fluid: Don't change a winning team	S. Ferguson
12'	The morphologic matrix: mechanical factors associated with early hip disease	B. Kelly
12'	Diagnosis and differential diagnoses of hip disease in young adults	H. Nötzli

10:30h Coffee Break

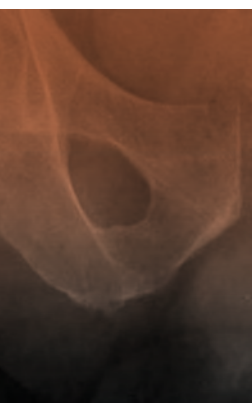
Session II ATHLETES AND GENDER ISSUES Chairman
11:00h – 12:30h K. Siebenrock

12'	The acetabular wall index in senior athletes with well functioning hips	C. Peters
12'	FAI prevalence in high-level athletes	C. Larson
12'	Effects of cam impingement on bone during squatting	P. Beaulé
12'	Gender differences in 3D pathomorphology in FAI	A. Bedi
12'	Gender based differences in patients undergoing hip arthroscopy for FAI	C. Larson
12'	Striking association between DDH and hypermobility	R. Santore

12:30h Lunch Break
Anatomy Demonstration (Cadaver)

Session III IMAGING Chairman
13:30h – 15:15h M. Tannast

10'	Acetabular depth and version is age related	C. Albers
10'	Characterization of pincer type FAI on 3D imaging versus plain radiographs	J. Nepple
12'	T1 Rho cartilage mapping as a biomarker in cam-type FAI	P. Beaulé
12'	T2 versus dGEMRIC comparison in hips with FAI	YJ. Kim
12'	Hip MRI - does traction help?	C. Pfirrmann
12'	dGEMRIC follow-up in patients undergoing FAI surgery	K. Siebenrock
12'	3D MRI assessment of cartilage and labrum	C. Zilkens



15:15h Coffee Break

Session IV CASE DISCUSSIONS WITH FACULTY (GROUPS)

15:45h – 16:45h

Anatomy Demonstration (Cadaver)

16:45h Coffee Break

Session V HIP ARTHROSCOPY

17:00h – 18:20h

Chairman

I. Zaltz

12'	Predictors for negative outcome in HAS	L. Büchler
12'	Arthroscopic management of FAI	B. Kelly
12'	Risk factors for HAS failure in a healthcare system	C. Peters
12'	PAO with and without labral repair through HAS	E. Sink
12'	HAS for impaction type FAI due to low femoral torsion	D. Griffin

19:00h Social dinner for all participants & faculty



Friday, February 5, 2016

Session VI LIVE SURGERY K. Siebenrock

08:00h – 11:00h

Moderators

M. Tannast

H. Nötzli

11:00h Coffee Break

Session VII DISEASE MODULATORS

11:30h – 12:30h

Chairman

R. Santore

12'	Labral resection versus refixation – is there any difference 10 years later?	S. Steppacher
12'	MRI predictors for failure in FAI surgery	M. Tannast
12'	Impact of acetabular reorientation on knee function	X. Chen
12'	Addressing the cam-type deformity in treatment of hip dysplasia	K. Günther

12:30h Lunch Break

Anatomy Demonstration (Cadaver)

Session VIII GUEST OF HONOR SPEECH

13:30h – 14:00h

**20' Developmental Dysplasia of the Hip –
a lifetime experience**

S. Weinstein

Session IX TREATMENT OUTCOME IN DDH

14:00h – 15:30h

Chairman
D. Wenger

12'	Have treatment changes in the last decades improved radiographic outcome in DDH?	T. Terjesen
12'	Patient expectation after PAO	M. Millis
12'	PAO for patients with high range of motion demands (dancer, cheer leaders)	YJ. Kim
12'	PAO for severe dysplasia: The St Louis experience at 10 years	J. Nepple
12'	PAOs with more than 15-year follow-up	M. Millis
12'	30-year follow-up of Bernese PAO	S. Steppacher

15:30h Coffee Break**Anatomy Demonstration (Cadaver) Group black****Session X CASE DISCUSSION WITH FACULTY (GROUPS)**

16:00h – 17:00h

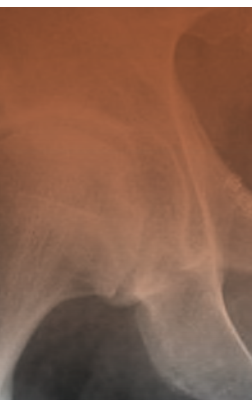
Anatomy Demonstration (Cadaver)

17:00h Coffee Break**Session XI CHILDHOOD DISEASES**

17:15h – 18:15h

Chairman
R. Krauspe

12'	Triple pelvic osteotomy in Perthes disease	R. Krauspe
12'	10-year results of modified Dunn procedure for slipped capital femoral epiphysis	K. Siebenrock
12'	Prophylactic fixation of the contralateral side in SCFE?	T. Terjesen
12'	Hip morphology following modified Dunn procedure in stable and unstable SCFE	I. Zaltz



Saturday, February 6, 2015

Session XII FEMORAL TORSION	Chairman
08:00h – 09:30h	B. Kelly

12'	How frequent is femoral maltorsion in symptomatic hips?	M. Tannast
12'	Differences in femoral torsion in FAI and DDH	J. Nepple
12'	Femoral version in acetabular dysplasia	I. Zaltz
12'	Subtrochanteric derotation osteotomy for femoral antetorsion	M. Beck
12'	Outcome of surgical correction of torsional deformity of the femur	K. Ziebarth
12'	Early outcomes of surgical dislocation for extra-articular impingement	E. Sink

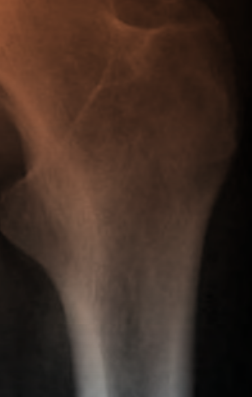
09:30h Coffee Break

Session XIII LESSONS LEARNED FROM THE PAST AND FUTURE DIRECTIONS	Chairman
10:00h – 11:45h	M. Millis

12'	Will your child live to 100 years?	
	Changing indications for interventions over time	D. Wenger
12'	10-year follow-up after FAI surgery – what have we learned?	D. Fern
12'	7,5-year follow-up in FAI surgery: is there any benefit of subchondral treatment in cartilage flaps?	L. Büchler
12'	Experimental sheep model – can we speed up FAI research?	M. Tannast
12'	Acetabular retroversion: PAO versus surgical hip dislocation	K. Siebenrock
12'	Combined surgical dislocation and PAO for complex hip deformities	I. Zaltz
12'	A novel technique of cartilage transplantation for acetabular defects	K. Günther

11.45h	Closing Remarks	K. Siebenrock
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Information

Credits

Certified by Swiss Orthopaedics «Schweizerische Gesellschaft für Orthopädie und Traumatologie» with 16 credit points.

Registration

Registration will be confirmed **after** payment receipt only

Register ONLINE: www.bbscongress.ch/onlineforms/hip.php

For congress and social evening:

BBS Congress GmbH

Peter Salchli
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Switzerland
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Fax +41 (0)31 332 98 79
peter.salchli@bbscongress.ch

Credit Suisse, 3001 Bern

(Clearing 4835, PC 30-3200-1)
Konto BBS Congress/HIP,
3000 Bern 25
Account no 211255-40-41

Fee

February 4 – 6: whole congress

CHF 480.– / assistant surgeons CHF 350.–

February 4 or 5: Thursday or Friday

CHF 200.– per day / assistant surgeons CHF 160.– per day

February 6: Saturday (half day)

CHF 100.– / assistant surgeons CHF 80.–

February 4: Thursday, Social Dinner

CHF 80.– per person

Restaurant Kornhauskeller

Kornhausplatz 18
Bern, Switzerland
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Housing

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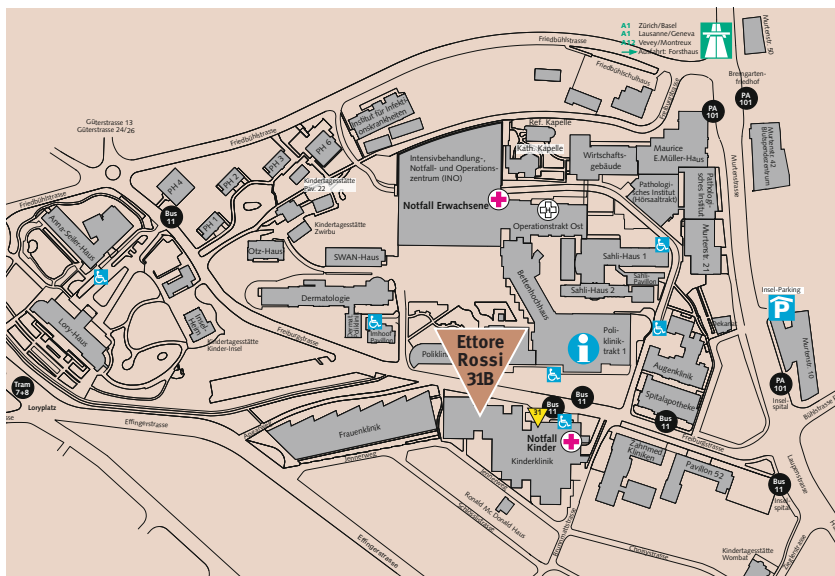
Reservation ONLINE

www.hip-symposium-bern.ch

Inselspital Bern,
Entrance Children Hospital «Kinderspital» 31B
Auditorium «Ettore Rossi»
3010 Bern
(www.insel.ch)

- direct train connection from Airport Zurich and Geneva to Bern
- 20 minutes from Airport Bern-Belpmoos (shuttlebus and taxi)
- 5 minutes by bus from main train station (bus no 11 direction «Holligen», bus stop «Inselspital»)
- 2 minutes highway exit A1 Zurich–Basel–Geneva

Insel Area



More information about Bern?
Please visit www.berninfo.com

Bernese Hip Symposium

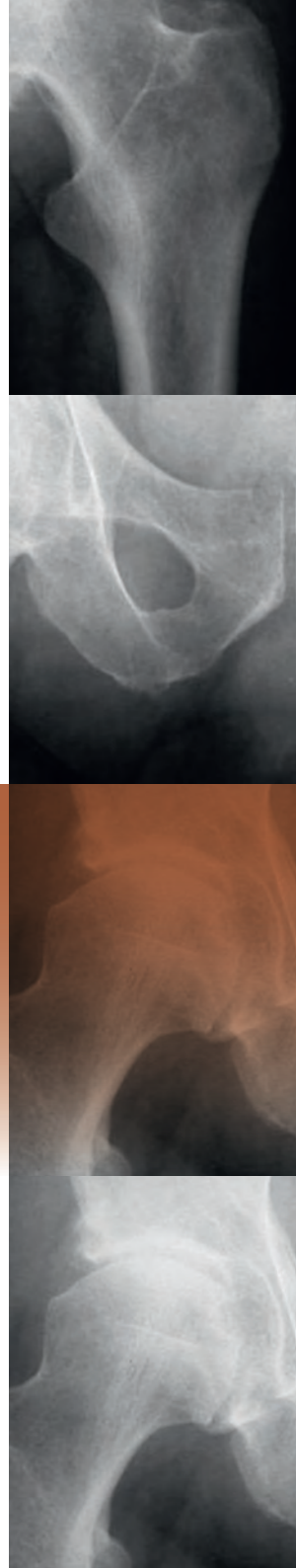
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Venue

Bern, Switzerland

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